



Psalm 41

- 1 Blessed is the one who consid- | ers the poor!*
- In the day of trouble the Lord de- | livers him;
- 2 the Lord protects him and keeps him alive;
- he is called blessèd | in the land;*
- you do not give him up to the will of his | enemies.
- 3 The Lord sustains him on his | sickbed;*
- in his illness you restore him to | full health.
- 4 As for me, I said, "O Lord, be gra- | cious to me;*
- heal me, for I have sinned a- | gainst you!"
- 5 My enemies say of me in | malice,*
- "When will he die and his name | perish?"
- 6 And when one comes to see me, he utters empty words,
- while his heart gathers in- | iquity;*
- when he goes out, he tells | it abroad.
- 7 All who hate me whisper together a- | bout me;*
- they imagine the | worst for me.
- 8 They say, "A deadly thing is poured | out on him;*
- he will not rise again from | where he lies."
- 9 Even my close friend in whom I | trusted,*
- who ate my bread, has lifted his heel a- | gainst me.
- 10 But you, O Lord, be gra- | cious to me, *
- and raise me up, that I may re- | pay them!
- 11 By this I know that you de- | light in me:*
- my enemy will not shout in triumph | over me.
- 12 But you have upheld me because of my in- | tegrity, *
- and set me in your presence for- | ever.
- 13 Blessèd be the Lord, the God of | Israel, *
- from everlasting to everlasting!
- Amen and | Amen.