

**Proverbs 9:1–10**

<sup>1</sup>Wisdom has built her house;  
 she has hewn her seven pillars.

<sup>2</sup>She has slaughtered her beasts;  
 she has mixed her wine;  
 she has also set her table.

<sup>3</sup>She has sent out her young women to call  
 from the highest places in the town,

<sup>4</sup>“Whoever is simple, let him turn in here!”  
 To him who lacks sense she says,

<sup>5</sup>“Come, eat of my bread  
 and drink of the wine I have mixed.

<sup>6</sup>Leave your simple ways, and live,  
 and walk in the way of insight.”

<sup>7</sup>Whoever corrects a scoffer  
 gets himself abuse,  
 and he who reproveth a wicked man  
 incurs injury.

<sup>8</sup>Do not reprove a scoffer,  
 or he will hate you;  
 reprove a wise man,  
 and he will love you.

<sup>9</sup>Give instruction to a wise man,  
 and he will be still wiser;  
 teach a righteous man,  
 and he will increase in learning.

<sup>10</sup>The fear of the Lord is the beginning  
 of wisdom,  
 and the knowledge of the Holy One  
 is insight.

**Psalm 34:12–22****Ephesians 5:6–21**

<sup>6</sup>Let no one deceive you with empty  
 words, for because of these things the  
 wrath of God comes upon the sons of  
 disobedience. <sup>7</sup>Therefore do not associate  
 with them; <sup>8</sup>for at one time you were  
 darkness, but now you are light in the  
 Lord. Walk as children of light <sup>9</sup>(for the  
 fruit of light is found in all that is good and  
 right and true), <sup>10</sup>and try to discern what is  
 pleasing to the Lord. <sup>11</sup>Take no part in the  
 unfruitful works of darkness, but instead  
 expose them. <sup>12</sup>For it is shameful even to  
 speak of the things that they do in secret.

<sup>13</sup>But when anything is exposed by the  
 light, it becomes visible, <sup>14</sup>for anything that  
 becomes visible is light. Therefore it says,  
 “Awake, O sleeper,  
 and arise from the dead,  
 and Christ will shine on you.”

<sup>15</sup>Look carefully then how you walk,  
 not as unwise but as wise, <sup>16</sup>making the  
 best use of the time, because the days are  
 evil. <sup>17</sup>Therefore do not be foolish, but  
 understand what the will of the Lord is.

<sup>18</sup>And do not get drunk with wine, for that  
 is debauchery, but be filled with the Spirit,  
<sup>19</sup>addressing one another in psalms and  
 hymns and spiritual songs, singing and  
 making melody to the Lord with all your  
 heart, <sup>20</sup>giving thanks always and for  
 everything to God the Father in the name  
 of our Lord Jesus Christ, <sup>21</sup>submitting to  
 one another out of reverence for Christ.

## John 6:51–69

<sup>51</sup>[Jesus said:] “I am the living bread that came down from heaven. If anyone eats of this bread, he will live forever. And the bread that I will give for the life of the world is my flesh.”

<sup>52</sup>The Jews then disputed among themselves, saying, “How can this man give us his flesh to eat?” <sup>53</sup>So Jesus said to them, “Truly, truly, I say to you, unless you eat the flesh of the Son of Man and drink his blood, you have no life in you.

<sup>54</sup>Whoever feeds on my flesh and drinks my blood has eternal life, and I will raise him up on the last day. <sup>55</sup>For my flesh is true food, and my blood is true drink.

<sup>56</sup>Whoever feeds on my flesh and drinks my blood abides in me, and I in him. <sup>57</sup>As the living Father sent me, and I live because of the Father, so whoever feeds on me, he also will live because of me. <sup>58</sup>This is the bread that came down from heaven, not as the fathers ate and died. Whoever feeds on this bread will live forever.”

<sup>59</sup>Jesus said these things in the synagogue, as he taught at Capernaum.

<sup>60</sup>When many of his disciples heard it, they said, “This is a hard saying; who can listen to it?” <sup>61</sup>But Jesus, knowing in himself that his disciples were grumbling about this, said to them, “Do you take offense at this? <sup>62</sup>Then what if you were to see the Son of Man ascending to where he was before? <sup>63</sup>It is the Spirit who gives life; the flesh is of no avail. The words that I have spoken to you are spirit and life. <sup>64</sup>But there are some of you who do not believe.” (For Jesus knew from the beginning who those were who did not believe, and who it was who would betray him.) <sup>65</sup>And he said, “This is why I told you that no one can come to me unless it is granted him by the Father.”

<sup>66</sup>After this many of his disciples turned back and no longer walked with him. <sup>67</sup>So Jesus said to the Twelve, “Do you want to go away as well?” <sup>68</sup>Simon Peter answered him, “Lord, to whom shall we go? You have the words of eternal life, <sup>69</sup>and we have believed, and have come to know, that you are the Holy One of God.”